ABSTRACT
Due to the increased interest in the local food movement, along with the numerous questions that come through the extension office pertaining to vegetable gardening, a need has been identified for more vegetable gardening instruction in Prince Edward County. In 2013, the ANR Extension Agent with a background in horticulture, joined the Prince Edward County Unit and teamed up with the Local Food Systems FCS Agent to create a sustainable vegetable gardening series utilizing the area just outside of the office for an operational demonstration garden. According to extension research, the learning-by-doing approach is the preferred method to targeted clientele when it comes to teaching methods. For this program, the agents conducted both lectures and demonstrations on a monthly basis from spring to fall both in 2014 and 2015. Topics pertaining to growing and maintaining a sustainable vegetable garden included, but were not limited to, principles of organic gardening, building soil health, seed starting, attracting beneficial insects and pollinators, weed control, water management, trellising, square foot gardening, companion planting, harvesting and storage, as well as food preparation and preservation. Over the last two years, a resilient curriculum has been established consisting of sustainable vegetable gardening presentations, demonstrations and resources that can be used in extension programming for years to come.

REPOSITORY FOR SUSTAINABLE VEGETABLE GARDENING
By the end of the 2015 Grow Your Own program, a sustainable vegetable gardening curriculum had been developed. With a combination of presentations, instructional videos, written material, demonstrations, and hands-on activities, the curriculum features a multimedia design. It consists of 9 PowerPoint presentations, 29 instructional videos, and 36 publications/other written material. The curriculum also includes marketing and evaluation materials for each session of the Grow Your Own program. The curriculum supports interdisciplinary programming by providing a comprehensive, one-stop shop for sustainable vegetable garden education and will be used for that purpose in Prince Edward County.

IMPACTS
• Throughout the series a Post-Workshop Evaluation was given. When asked after each class, “Did the demonstration make you want to apply what you learned in your own garden?”, 94% of participants responded yes.
• On average, there was a 233% increase in attendees from the 2014 to the 2015 Sustainable Vegetable Gardening Series
• On average, 43% of the 2015 class were attendees from the 2014 class due to their interest in subject matter and demonstrations presented.